

AQUATICS POOL SCHEDULE

North Shore & Ridge Heights pools are heated!

Pool hours not listed are reserved for maintenance, rentals, camp use or staff training.

Relax and enjoy quiet time at a pool. We ask that you please be courteous to fellow members by moving to picnic areas for cell phone use or to listen to music.

Adult Swim – These hours are reserved for pool pass holders ages 16 and older to enjoy exercising or relaxing in an adult setting.

POOL	OPEN SWIM TIME			ADULT SWIM HOURS
	WEEKDAYS	WEEKENDS	DAYS CLOSED	
SEASON 1: MAY 14 – 27				
Ridge Heights Heated Pool	1 – 7 p.m.	11 a.m. – 7 p.m.		
North Shore Heated Pool & Spa	1 – 7 p.m.	11 a.m. – 7 p.m.		7 – 9 p.m. T-F
SEASON 2: MAY 28 - JUNE 21				
Autumnwood Pool	3 – 7 p.m.	11 a.m. – 7 p.m.	Wednesday	
DOGWOOD POOL WILL BE CLOSED FOR RENOVATION THIS SUMMER, PLEASE VISIT WWW.RESTON.ORG FOR UP TO DATE INFORMATION.				
Glade Pool & Spa	3 – 7 p.m.	11 a.m. – 7 p.m.	Monday	
Golf Course Island Pool	3 – 7 p.m.	11 a.m. – 7 p.m.	Wednesday	
Hunters Woods Pool & Spa	3 – 7 p.m.	11 a.m. – 7 p.m.	Tuesday	
Lake Audubon Pool	3 – 7 p.m.	11 a.m. – 8 p.m.	Friday	
Lake Newport Pool	Noon – 7 p.m.	11 a.m. – 8 p.m.	Friday	
Lake Thoreau Pool & Spa	11 a.m. – 9 p.m.	10 a.m. – 7 p.m.	Wednesday	6 – 8:30 a.m. weekdays
Newbridge Pool	3 – 7 p.m.	11 a.m. – 7 p.m.	Monday	
North Hills Pool & Spa	3 – 9 p.m.	10 a.m. – 7 p.m.	Tuesday	
North Shore Heated Pool & Spa	1 – 7 p.m.	11 a.m. – 7 p.m.		7 – 9 a.m. weekdays 7 – 9 p.m. weekdays T-F
Ridge Heights Heated Pool	1 – 7 p.m.	11 a.m. – 7 p.m.		
Shadowood Pool	3 – 7 p.m.	11 a.m. – 7 p.m.	Tuesday	
Tall Oaks Pool	3 – 7 p.m.	11 a.m. – 7 p.m.	Tuesday	
Uplands Pool	11 a.m. – 7 p.m.	10 a.m. – 7 p.m.	Thursday	
SEASON 3: JUNE 22 – AUG. 21				
Autumnwood Pool	10 a.m. – 7 p.m.	11 a.m. – 7 p.m.	Wednesday	
DOGWOOD POOL WILL BE CLOSED FOR RENOVATION THIS SUMMER, PLEASE VISIT WWW.RESTON.ORG FOR UP TO DATE INFORMATION.				
Glade Pool & Spa	10 a.m. – 7 p.m.	11 a.m. – 7 p.m.	Monday	
Golf Course Island Pool	11 a.m. – 7 p.m.	11 a.m. – 7 p.m.	Wednesday	
Hunters Woods Pool & Spa	Noon – 9 p.m.	11 a.m. – 8 p.m.	Tuesday	
Lake Audubon Pool	11 a.m. – 7 p.m.	11 a.m. – 8 p.m.	Friday	Noon - 5p.m. Fridays
Lake Newport Pool	Noon – 8 p.m.	11 a.m. – 8 p.m.	Friday	
Lake Thoreau Pool & Spa	Noon – 7:30 p.m.	10 a.m. – 7 p.m.	Wednesday	6 – 8:30 a.m. weekdays 7:30 – 10 p.m. M/T/R/F Noon – 5 p.m. Wednesdays
Newbridge Pool	Noon – 7 p.m.	11 a.m. – 7 p.m.	Monday	
North Hills Pool & Spa	11 a.m. – 9 p.m.	10 a.m. – 7 p.m.	Tuesday	Noon – 7 p.m. Tuesdays
North Shore Heated Pool & Spa	Noon – 7:30 p.m.	11 a.m. – 7 p.m.	Monday	7 – 9 a.m. weekdays 7:30 – 10 p.m. weekdays T-F Noon – 5 p.m. Mondays
Ridge Heights Heated Pool	Noon – 9 p.m.	11 a.m. – 7 p.m.	Thursday	Noon – 5 p.m. Thursdays
Shadowood Pool	Noon – 7 p.m.	11 a.m. – 7 p.m.	Tuesday	
Tall Oaks Pool	Noon – 8 p.m.	11 a.m. – 7 p.m.	Tuesday	
Uplands Pool	9 a.m. – 7 p.m.	10 a.m. – 7 p.m.	Thursday	
SEASON 4: AUG. 22 – SEPT. 5				
Glade Pool & Spa	11 a.m. – 7 p.m.	11 a.m. – 7 p.m.	Monday	
Lake Newport Pool	10 a.m. – 8 p.m.	11 a.m. – 8 p.m.	Friday	
Lake Thoreau Pool & Spa	10 a.m. – 7:30 p.m.	10 a.m. – 8 p.m.	Wednesday	6 – 8:30 a.m. weekdays 7:30 – 10 p.m. weekdays M/T/R/F
North Hills Pool & Spa	11 a.m. – 7 p.m.	10 a.m. – 7 p.m.	Tuesday	
North Shore Heated Pool & Spa	11 a.m. – 9 p.m.	11 a.m. – 7 p.m.	Monday	7 – 9 a.m. weekdays
Ridge Heights Heated Pool	11 a.m. – 8 p.m.	11 a.m. – 7 p.m.	Thursday	
Tall Oaks Pool	weekend only	11 a.m. – 7 p.m.		
SEASON 5: SEPT. 6 – 25				
Ridge Heights Heated Pool	3 – 7 p.m.	11 a.m. – 7 p.m.		
North Shore Heated Pool & Spa	3 – 9 p.m.*	11 a.m. – 7 p.m.		After Sept. 11th, pool closes at 7 p.m.

PLEASE NOTE THE FOLLOWING CHANGES TO THE POOL SCHEDULES:

- May 29 Lake Audubon Pool opens at 1 p.m. due to Reston Masters Swim Team Annual Lake Swim. For more information check www.restonmasters.org.
- May 30 Memorial Day – All pools open on weekend schedule.
- June 11– Aug. 6 SATURDAYS ONLY- Some pools open at 1 p.m. due to RSTA swim meets.
- June 21 All pools open at 1 p.m. for the last day of Fairfax Public Schools (unless regularly scheduled to open earlier in the day)
- July 4 All pools will close at 6 p.m.
- July 17 Lifeguard Olympics – All pools close at 7 p.m.
- July 20 Lake Newport Pool will close at 4 p.m. due to RSTA IM finals. Rain Makeup July 21.
- July 24 Some pools will close at 5:30 p.m. due to RSTA pool parties.
- July 30 All Stars Meet - Lake Newport Pool Opens at 1 p.m.
- Sept. 5 Labor Day – All open pools operate on weekend schedule.